

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

		Workshop	Club A			Workshop	Meeting Room 224
09:00 – 16:30	ws 0	Colourful Life of Hospice Volunteers in Europe (registration required) Languages: English/German/Czech Chair: Leena Pelttari, Austria Chair: Jana Kolarikova, Czech Republic		08:00 – 09:30	ws 1	Giving Feedback to Palliative Care Learners (registration required) Speakers: Laura J. Morrison, MD, Baylor College of Medicine Elise C. Carey, MD, Mayo Clinic Rachelle E. Bernacki, MD, MS, Harvard Medical School	
09:00 – 09:30		Opening Waltraud Klasnic, Austria Sheila Payne, United Kingdom Lukas Radbruch, Germany Martina Spinkova, Czech Republic				<p>As the interdisciplinary field of palliative care grows and training programs move toward more stringent requirements, like program accreditation and site visits, the provision of effective competency-based feedback to trainees becomes increasingly important and relevant. In palliative care, this may often include feedback in more challenging domains like professionalism and communications skills. Educators giving feedback to learners need opportunities to practice and receive feedback themselves. The objectives of this session are to:</p> <ol style="list-style-type: none"> 1) Reflect on the challenges of giving feedback to learners, general and those more specific to palliative care 2) Identify specific strategies for overcoming challenges to giving learner feedback in the palliative care setting 3) Practice skills for giving feedback using a structured approach appropriate for palliative care bedside teaching. Participants will leave this session with an expanded sense of the challenges in this area, increased familiarity with guiding principles from the literature, practical strategies and skills practice opportunity, an action plan, and numerous resources. 	
09:30 – 10:00		Future of Volunteering in Europe Pavel Trantina, Belgium					
10:00 – 11:00		Colourful Life of Hospice Volunteers in Europe Leena Pelttari, Austria Karl Bitschnau, Austria					
11:00 – 11:30		Break					
11:30 – 12:00		Training of Volunteers Ruthmarijke Smeding, United Kingdom Rita Doyle, United Kingdom					
12:00 – 12:30		Exciting Volunteer Work – Between Ideology and Reality Karl Bitschnau, Austria					
12:30 – 13:00		Founding the EAPC Taskforce “Hospice Volunteering” Ros Scott, United Kingdom Leena Pelttari, Austria					
13:00 – 14:00		Lunch Break					
14:00 – 16:00		Working Groups: 1. Volunteers in 2020 2. Training of Hospice Volunteers 3. Management of Volunteers 4. What Volunteers Do? Volunteers Directly Involved in Care? 5. What Problems Do We Need to Solve in Volunteering? 6. Developing Partnerships between Volunteers and Professions					
16:00 – 16:30		Plenum and Next Steps					

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

	Workshop	Club E		Workshop	Club C	
08:30 – 10:30	ws 2	Teaching Symptom Management in Palliative Care (registration required)		09:00 – 12:30	ws 3	Development of Palliative Care in Long Term Care Settings for Older People: Collaborations between Practice and Research. (registration required)
		Interactive seminar about teaching the management of most common symptoms. The workshop will demonstrate a variety of methods and teaching styles and their impact on knowledge and skills improvement. The workshop is designed for doctors, physicians and health care professionals involved in teaching palliative care. Translation into Czech will be available!				Chair: Katherine Froggatt, United Kingdom Chair: Elisabeth Reitingner, Austria
				09:00 – 09:10		Introduction to workshop Katherine Froggatt, United Kingdom Elisabeth Reitingner, Austria
				09:10 – 09:20		What do we know? EAPC Taskforce on palliative care in long term care settings for older people: Key findings and recommendations Katherine Froggatt, United Kingdom Elisabeth Reitingner, Austria
				09:20 – 09:30		What do we know? Research evidence on palliative care in long term care settings for older people Deborah Parker, Australia
				09:30 – 09:40		What research designs have been used? Katharina Heimerl, Austria
				09:40 – 09:50		What outcome measures are appropriate? Jenny van der Steen, Netherlands
				09:50 – 10:00		Questions
				10:00 – 12:00		World Café
				12:00 – 12:30		Feedback and Conclusion Katherine Froggatt, United Kingdom

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

<p>09:00 – 13:00</p>	<p>Workshop Club D</p> <p>ws 4 Integration of Oncology and Specialized Palliative Care (In collaboration with ESMO and MASCC) (registration required)</p> <p>Chair: Florian Strasser, Switzerland</p>	<p>11:00 – 13:00</p>	<p>Workshop Club E</p> <p>ws 6 The Role of Leadership in Palliative Care (registration required)</p> <p>Chair: Frank Ferris, United States Chair: Ladislav Kabelka, Czech Republic</p> <p>The workshop will show how to lead a multidisciplinary team in decision making in non-cancer patients. Issues such as a role and a position of a palliative care in a health system, importance of cooperation within a multidisciplinary team, communication skills, influence of media strategy and above all personal experience are the key topics. This workshop will demonstrate and explain these topics by presenting model situations in geriatric palliative care. The workshop is designed for doctors, physicians and health care professionals involved in teaching and leading palliative medicine or palliative care teams.</p> <p>Translation into Czech will be available!</p>
<p>09:00 – 09:15</p>	<p>Welcome, agenda and introduction Florian Strasser, Switzerland</p>		
<p>09:15 – 09:35</p>	<p>Service Models Saskia Teunissen, Netherlands David Hui, United States</p>		
<p>09:35 – 09:45</p>	<p>Discussion</p>		
<p>09:45 – 10:05</p>	<p>Education Lukas Radbruch, Germany Nathan Cherny, Israel</p>		
<p>10:05 – 10:15</p>	<p>Discussion</p>		
<p>10:15 – 10:35</p>	<p>Clinical Practice Tools David Blum, Switzerland</p>		
<p>10:35 – 10:45</p>	<p>Discussion</p>		
<p>10:45 – 11:00</p>	<p>Break</p>		
<p>11:00 – 12:15</p>	<p>Group Work</p>		
<p>12:15 – 13:00</p>	<p>Discussion of Group Results and Conclusion</p>		
<p>10:00 – 11:30</p>	<p>Workshop Meeting Room 224</p> <p>ws 5 Education in Spiritual Care and Spirituality (registration required)</p> <p>Chair: Andrew Goodhead, United Kingdom Chair: Carlo Leget, Netherlands</p> <p>Aim is to engage participants in participating in finding a way forward to enable good quality, useful education in the provision of spirituality and spiritual care across the EAPC countries and is aimed at all profession groups. It will be discussed how an EAPC wide education course might look and what content it may have.</p>	<p>11:30 – 13:00</p>	<p>Workshop Club B</p> <p>ws 7 Evidence Based Strategies to Support Family Carers (registration required)</p> <p>The purpose of the workshop is to highlight examples of family carer interventions or strategies that have direct practical applicability and are evidence based. Co-facilitated by: Gunn Grande, United Kingdom; Kelli Stejduhar, Canada; Anette Henriksson, Sweden, Peter Hudson, Australia</p>

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

Workshop **Club C**
13:00 – 14:30 **ws 8 Palliative Medicine in the Community – A Workshop by the EAPC Primary Palliative Care Taskforce**
(registration required)

This workshop is for palliative medicine specialists and generalists (nurses, doctors and others) interested in promoting palliative care in the community. The results of the EAPC Taskforce work around barriers and facilitators in various European countries will be presented, and a statement about the strategic importance of palliative care in the community to reach all patients in need will be officially made. All workshop participants will advise on the suitability of guidelines being produced to advocate for and help more palliative care to be delivered in primary care in their own countries. Thus participants from all European countries are warmly invited.

Workshop **Meeting Room 222**
13:00 – 14:30 **ws 9 Legal Services for Palliative Care Patients**
(registration required)

Moderator: Faith Mwangi-Powell, Open Society Foundations, USA

Presenters: Nino Kiknadze (Georgia), Victoria Tymoshevskaya and Kseniya Shapoval (Ukraine), Zipporah Ali (Kenya), Liz Gwyther (South Africa), Faith Mwangi-Powell (USA)

Description Palliative care aims to improve quality of life, but legal, social and financial problems trouble patients and their families. Legal challenges include questions about how to write a will, how to create legal guardianship for children after a parent's death and protect inheritance rights, e.g. for the family home. How to manage debt and secure social benefits, grapple with discrimination and violence, navigate application procedures for identity documents & death certificates are common concerns that require legal expertise. Objectives Participants will be able to:

- identify legal problems often faced by patients and families
- increase their understanding of the informational resources needed by patients and families
- learn how to engage lawyers in the community and how to identify community legal services

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

	Workshop	Club B		Workshop	Club E
13:30 – 16:30	ws 10 Social Work: Looking Inward; Looking Outward (registration required)		13:30 – 16:30	ws 12 Improving the Multi-Professional Management of Cancer-Related Pain (registration required)	
	Chair: Pam Firth, United Kingdom Chair: David Oliviere, United Kingdom		13:30 – 13:35	Welcome and outline for workshop Andrew Davies, United Kingdom Jenske Geerling, Netherlands	
	This three hour workshop has been organised for delegates working or interested in psychosocial palliative care and for those from non-social work backgrounds to understand how to make the best use of a social worker in the multi-professional team.		13:35 – 14:00	Optimal pain control – why is it so hard to get it right? Wendy Oldenmenger, Netherlands	
	There will be three main speakers, international experts in the field and time to network:		14:00 – 14:25	Understanding Breakthrough Pain Giovambattista Zeppetella, United Kingdom	
	Barbara Monroe (United Kingdom) Tony O'Brien (Ireland) Maria Wasner (Germany)		14:25 – 14:35	Break	
	It will be an opportunities for colleagues to share their work and in particular to highlight service development in their own countries. Topics will include:		14:35 – 15:00	Tools and techniques for improved assessment of BTCP Jenske Geerling, Netherlands	
	<ul style="list-style-type: none"> • The potential of social work in the multi-professional team • The EAPC white paper and its recommendation. • Training social care generalists in palliative care • Social Work and international developments • New initiatives in social and health care; towards more integrated working 		15:00 – 15:25	Approaches to the management of breakthrough pain Andrew Davies, United Kingdom	
			15:25 – 15:35	Practical guidance for the management of BTCP Jenske Geerling, Netherlands	
			15:35 – 16:20	Facilitated case study discussions/Review of case studies and group discussion	
			16:20 – 16:30	Closing Remarks and close Translation into Czech will be available.	
13:30 – 16:30	ws 11 Physiotherapy in Palliative Care (registration required)	Club D			
	The workshop will be focused on current and future developments of physiotherapy in palliative care and shows the last years' results of the EAPC taskforce. There will be the possibility for sharing knowledge and experience as well as to discuss with colleagues from various countries and to learn from different health systems. Physiotherapy and occupational therapy are related. A part of the program will be in cooperation of both taskforces.				

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

15:00 – 16:30 **WS 13** **Workshop** **Club C**
How do we get our governments to fund hospice and palliative care services?
(registration required)

Moderator: Daniela Mosoiu, Romania

Presenters: Liz Gwyther (South Africa), Malina Dumitrescu (Romania), Csazba Dosza (Hungary), Liliana Gherman (Moldova), Kseniya Shapoval (Ukraine)

If national governments are to finance quality home based palliative care, inpatient units, day-centers, and outpatient clinics, palliative care providers must work with health economists and policy experts to develop realistic budgets for quality services based on a clear costing framework and comparative analysis between the various services. Such cost analysis must be combined with a well-planned advocacy strategy targeting the necessary government agencies. Objectives Participants will be able to:

- Identify the funding sources for palliative care in both the public and private sectors
- identify the information required to calculate the costs of palliative care services
- identify the minimum set of cost analysis elements for different services (inpatient units, home based palliative care)
- explain the role of advocacy in financing palliative care services Target group Palliative care providers involved in funding palliative care services

15:00 – 16:30 **WS 14** **Workshop** **Meeting Room 222**
Choosing Spiritual Outcome Measures for Assessment, Audit and Research
(registration required)

Chair: Lucy Selman, United Kingdom
Chair: Peter Speck, United Kingdom

Assessing the outcomes of spiritual care (e.g. spiritual well-being) is essential to demonstrate the effectiveness of spiritual care, improve the quality of care through clinical audit and generate evidence to inform spiritual care provision. Recently there has been a proliferation of tools to measure spiritual outcomes; however, there is little guidance for service providers and researchers on the selection of tools. The aim of the workshop is to provide guidance for clinicians and researchers on the selection of spiritual outcome measures for use in practice and research, using an interactive, creative approach.

SCIENTIFIC PROGRAM

THURSDAY, MAY 30, 2013

15:00 – 16:30 **ws 15** **Workshop** **Meeting Room 223**
Social Media in Palliative Care Advocacy
(registration required)

Chair: Mary V. Callaway, United States
Chair: Faith Mwangi-Powell, United States

Speakers: Jim Cleary (United States), Faith Mwangi-Powell (United States), Nino Kiknadze (Georgia), Anuka Toklikishvili (Georgia), Anahit Papikyan (Armenia)

Description

People involved in Palliative Care find it is often necessary to work with the media – both mainstream and new/online media – in the course of advocacy, or to create awareness of services, or secure support in the form of funding or other resources. However, to those not familiar with the media, this can be a difficult and daunting task and yet effective use of media is critical tool in advocacy. It is also true that just having something to say does not guarantee media attention no matter how passionate we are. It is therefore vital that we all learn the rules of media engagement. The aim of this workshop is share tips, lessons and success stories of media engagement ranging print, radio, TV and more importantly the effective use of social media. Speakers will share international, regional and national experiences as well as useful and practical tips of engagement.

15:00 – 16:30 **ws 16** **Workshop** **Meeting Room 224**
Providing Quality of Life for Residents with Advanced Dementia at the End of Life: The Namaste Care Program
(registration required)

Chair: Jo Hockley, United Kingdom
Co-Chair: Joyce Simard, United States

Namaste means 'honouring the spirit within' and provides an organisational daily structure of meaningful activity for residents with very advanced dementia at the end of life. A practical focus to the workshop will help those attending to gain firsthand experience of this innovative program Objectives:

- to describe the NAMASTE CARE program for people with advanced dementia at the end of life
- to highlight the importance of collective sensory stimulation to improve quality of life for people with very advanced dementia
- to share the experience of different care homes implementing NAMASTE CARE and the journeys they make
- to feedback the research results from two international studies looking at data from residents, families and staff
- to learn about the process of implementing such change